



Transforming Rouge Valley

Our mission. Your impact.



Our mission is to partner with the community to invest in superior healthcare at Rouge Valley Health System. This report applauds your investment and highlights how you have impacted healthcare in your community. During the past year, Rouge Valley Health System has seen expansion projects grow from the ground up, a fundraising campaign's successful close, and the official opening of two highly-anticipated facilities, giving us much to celebrate.

Your generosity enabled the Rouge Valley Health System Foundation to grant \$2,924,611 to Rouge Valley Health System in 2008. Because of you, we were able to purchase state-of-the-art medical equipment, educate our healthcare providers and ensure that capital expansion projects moved ahead as planned.

These construction projects are ushering in an era of transformation and focus on being the best for patients. Building and renovating will help meet the needs of Rouge Valley's rapidly-growing communities by offering the best in modern medical facilities.

In 2008, RVHS completed two major construction projects at our Rouge Valley Centenary hospital campus in east Toronto: 25 Neilson, a 30-unit mental health supportive housing complex,

and the 30,000 square-foot Birthing and Newborn Centre. The third major construction project, a massive 140,000 square-foot redevelopment of our Rouge Valley Ajax and Pickering site, is over 30% complete, on time and on budget. Though the overall project is scheduled for completion in 2010, we are pleased that the new Emergency Department will be opening this fall.

Modern facilities with state-of-the-art equipment and family-centred care attract highly-skilled staff and physicians looking to care for and treat patients in the best community hospital with the best team of professionals. By donating to the Foundation, you therefore also impact the calibre of healthcare providers who care for you.

We are making real progress in improving Rouge Valley Health System, but we're still in the early stages of our transformation journey. There are challenges that we face in order to deploy and sustain change for many years to come—brick-and-mortar infrastructure upgrades and the economic downturn—so we need the support of the community now more than ever.

Rouge Valley Health System is here when you need us, 24/7/365. Thank you for being there for us. Together, we are enhancing care in our community.



John Wiersma, Chair

A handwritten signature in black ink, appearing to read 'John Wiersma'.



Chad Hanna, President & CEO

A handwritten signature in black ink, appearing to read 'Chad Hanna'.

ROUGE VALLEY HEALTH SYSTEM FOUNDATION

Vision:

- Enhancing Care in our Community

Mission:

- Partner with the community to invest in superior healthcare at Rouge Valley Health System

Values:

- Integrity and Trust
- Leadership and Accountability
- Caring and Commitment
- Innovation and Growth

Rouge Valley's Programs and Services

Rouge Valley Health System's two hospital campuses—Rouge Valley Centenary (RVC) and Rouge Valley Ajax and Pickering (RVAP)—as well as other supporting health sites offer access to a number of key health programs and services:

24/7/365 Emergency Care

Rouge Valley's emergency departments are supported by other programs and services, as well as a multi-disciplinary team of nurses, physicians and specialists, who combine to provide help, 24 hours a day, seven days a week.

Cardiac Care

Rouge Valley's Cardiac Care Program is a regional Centre of Excellence and is considered one of the best of any community hospital in Ontario.

Mental Health Care

Rouge Valley's new service model in mental health care allows us to improve our patient care and offer a more diverse range of services to patients, while reflecting the most innovative best practices in healthcare. Both hospital campuses will continue to serve as a point of access for all our mental health services.

Surgery

Rouge Valley's surgical departments lead the way in less invasive surgeries, with more than 80 per cent of all procedures allowing patients to go home the same day. Our surgical program reflects a range of expertise from general surgery to many subspecialties.

Women's and Children's Health Services

Rouge Valley's Women's and Children's Health program provides care to mothers in labour, newborns, children and adolescents. Our all-new Birthing and Newborn Centre, with an Advanced Level II Neonatal Intensive Care Unit, will help to provide some of the best care in the province to expecting mothers and their babies.

Medical Care

Rouge Valley's medicine program gives patients timely access to treatment for serious medical conditions, ranging from pneumonia and cancer to diabetes and Crohn's disease.

Continuing Care and Rehabilitation

At Rouge Valley, we offer a comprehensive array of services for patients who have completed their acute care hospital stay. Together, our teams work to provide customized treatment designed to meet the individual care needs of our patients.

Diagnostic Imaging and Clinical Support Services

Rouge Valley's pharmacies, laboratories, diagnostic imaging departments and Allied Health Professionals help assess, diagnose and treat both inpatients and outpatients. Other supports to our clinical areas include social workers, discharge planners, dieticians, and chaplaincy services along with security, facilities and support services staff.

Delivering all of our programs and services is not a job that we do alone. In fact, Rouge Valley works in partnership with our community members, other hospitals and healthcare organizations, the Central East Local Health Integration Network and the Ministry of Health and Long-Term Care to meet the health needs of our growing communities and provide our patients and their families with the best healthcare experience.

Welcome to our new physicians:

- Dr. Lily Liang**, Anaesthesia, RVAP
- Dr. Nisha D'Mello**, Cardiology, RVC
- Dr. Paul Galiwango**, Cardiology, RVC
- Dr. Elancheliyan Ambalavanar**, Emergency, RVC
- Dr. Khalid Fadeel**, Emergency, RVHS
- Dr. Li Liu**, Family Medicine, RVAP
- Dr. Hendrick Schoeman**, Family Medicine, RVAP
- Dr. Tracey Asano**, General Surgery, RVC
- Dr. Igor S. Goussev**, General Surgery, RVAP
- Dr. George Xeroulis**, General Surgery, RVAP
- Dr. Shehla Sadiq**, Internal Medicine, RVC
- Dr. Uzma Syed**, Internal Medicine, RVC
- Dr. Elsaid Elrifly**, Paediatrics, RVAP
- Dr. Ashley Roberts**, Paediatrics, RVC
- Dr. Stanley Flax**, Urology, RVC
- Dr. Shawn Soon**, Urology, RVC

How your hospital supported your community

	RVC	RVAP	Total
Beds	319	137	456
Emergency Visits	48,398	46,942	95,340
Admissions	16,793	8,882	25,675
O/R Outpatient Cases	11,373	5,203	16,576
O/R Inpatient Cases	3,967	1,576	5,543
Day/Night Clinic Visits	37,522	36,500	74,022
Other Clinic Visits	68,926	33,562	102,488
Births	2,166	1,642	3,808
Cardiac Catheterizations	3,466	0	3,466
Pacemaker Implants	232	0	232
Angioplasty Procedures	1,049	0	1,049
Hip Replacements	133	69	202
Knee Replacements	325	165	490
Cataracts	1,292	0	1,292
MRI Scans	9,196	0	9,196
Cancer Surgeries	951	311	1,262
Volunteers	385	186	571
Volunteer Hours	55,070	32,732	87,802
Square Footage	770,076	252,620	1,022,696
Property Size (acres)	23.4	26	49.4

Fiscal Year 2007/08

How your support impacted your community hospital

Gifts funded equipment purchases, including:

Advanced arrhythmia services	Hand weights	Scope washer
Baby lights	Hi-low bed	Sentinel node gamma detection system
Baby scale	Ice machine	Sleeper chairs
Breast pump	Infusion pumps	Thermometers
Bronchoscope	Laparoscope	Transport stretcher
Carroll bed	Mediman lift	Upgrades and renovations to RVC 9th level
Clinic paraffin bath	Metabolic stress testing system	Valchev Tuerine mobilizers and sterilization cases
Clinical recliners	Orthopaedic equipment	Ventilator
Code pink cardiac arrest cart	Paediatric emergency airway equipment	Vital signs monitors
Computers and monitors	Pillows	Waiting room furniture
Dinamap monitor	Platform scale	Warming cabinet
Education	Portable glidescope VL system	Washer and dryers
Elliptical machine	Procure 300 monitor	Weight scales
Endoscopic tower	Prostate biopsy gun	
Floor replacement for the chemo clinic	Recumbent stepper	
Gamma camera	Refrigerators	

January 1-December 31, 2008

Milestones

Birthing and Newborn Centre

Through the support of our community, the Birthing and Newborn Centre located at Rouge Valley Centenary opened on December 10, 2008. Here, the tiniest members of the community are welcomed in state-of-the-art facilities, helping to make Rouge Valley's level of care the best in the region.

The Birthing and Newborn Centre boasts an Advanced Level II Neonatal Intensive Care Unit; 16 labour, delivery and post-partum rooms; 21 post-partum beds; four private care-by-parent rooms; a family lounge; two overnight hostel rooms; and two operative birthing suites, all in one wing, on one bright and spacious floor.

The Foundation is proud to bring its Labour of Love Campaign for the Birthing and Newborn Centre to a successful close. Thanks to generous donors and sponsors, 10% of the building cost and 100% of the equipment purchases in this new Centre were funded by gifts, representing \$4.3 million of a \$20.7 million project.



Rouge Valley Ajax and Pickering Redevelopment

The significant redevelopment of Rouge Valley Ajax and Pickering continues as planned. The project is on time and on budget. We are adding 140,000 square feet of new and renovated space to greatly enhance our emergency and related services, ensuring that the residents of west Durham have access to the best healthcare services possible.

Here are some details of what the redevelopment will mean to our growing west Durham families: a new Emergency Department, a renovated and better designed Diagnostic Imaging and Cardiac Diagnostic area, a new Laboratory, a new 30-bed Complex Continuing Care Unit, an expanded Ambulatory Care Unit, a new cafeteria and Auxiliary gift shop, a volunteer information desk, and a new main security department. We have also requested that the Central East LHIN fund 29 additional Acute Care medical beds for Rouge Valley Ajax and Pickering, which are desperately needed now and even more so with the Emergency Department expansion.



Mental Health Supportive Housing

Thanks to your generosity, as well as a unique partnership between Rouge Valley Health System, the City of Toronto and the provincial and federal governments, we are able to provide treatment and housing to those living with mental illness.

Named for its actual address, 25 Neilson, a mental health supportive housing complex that houses and treats 30 residents living with mental illness, opened its doors in February 2008. The facility offers rehabilitation counselling and around-the-clock support to help its residents live more fully in the community. Residents were either homeless or at risk of becoming homeless.

On-site residential counsellors at 25 Neilson provide residents with rehabilitation counselling and life skills training, and residents can receive clinical care at Rouge Valley Centenary for a variety of mental health issues. Supportive programming at Pathways, the social recreational programming adjacent to the housing complex, peer and addiction support, job coaching, wellness, and smoking cessation, all help these residents to successfully live independently.



Estate Gifts

Donations were made to the Rouge Valley Health System Foundation during the past year through the estates of the following generous individuals:

Estate of Shui Ying Cheng	Estate of Marion Monsaroff	Estate of Dody Theurer
Estate of Sarah Kelly	Estate of Dorothy M. Morrish	

Tribute Gifts

The following individuals have been honoured during the past year with a gift made in their name to support the Rouge Valley Health System Foundation:

In honour of

Tom W. Atkins	Elliot Cowan	Khalil Jamal
Amna Baig	Thomas H. D'Arcy	Kiyam Jamal
Arif Baig	Dr. Bernard Farber	Emily Kapusiak
Nezaun Baig	Colleen Fruman	Dr. Adebayo Oduke
Michael Billington	Frank Furo	John Park
Cyril Brown	Patricia Hamlin	E. Perrin
Pat Brown	Janet Harris	Dr. Howard L. Price
Dr. Peter Campbell	Dr. Collin Hong	Dr. Marshall L. Redhill
Dr. Joseph Chien	Dr. Stephen C. Huebel	Dr. Jason H. Wong

In memory of

Colin R. Adams	Khemraji Bissoondyal	Minnie E. Crosby
Joyce Ashberry	Teresita Bondoc	William John Davidson
Ann Ashby	Michael Britskey	Ross Dawson
Margaret Bagnall	Lorraine Bryan	Nancy G. DeAdder
Anwar Baig	Kenneth Cahill	Evert J. Den Boer
Vera Bailey	Donald Cameron	Jose DeSousa
David Bain	William Card	P. Ken Donohue
Maria Balint	Susan C. Chen	Douglas Duthie
Dennis Barker	Kenneth Collier	Larry Eden
Frank Barnard	Bob Connolly	Jim Ewers
Bruno Barradas	Earl G. Costello	Eldric Fernandes
Carolyn D. Bell	James Crawford	Gordon Florence

Donors are staff.



Heather Reid (right), Program Director of Post Acute Care and Patient Flow, is a monthly employee payroll donor, as well as a participant of our employee Cash Cow Lottery.

Leola Forrester	Leslie J. Hemlow
Michelle Frith	Gerry Henderson
Bryant Garth	John Hoddenbagh
Mary Goode	Bonnie Huddon-Cave
Ida Graham	Jeanne Huffman
Irene Hackney	Dora Humphreys
Robyn Hales	Patsey Hutchinson
William Hall	Dr. Bruce Johnston
John Head	Jane W. Jones

In memory of (continued)

Karalasingam
 Kanagasingam
 Jassuman Karamath
 William M. Killin
 Marfiza Bibi Kimferdeen
 George Kolis
 Frances Yuen-fun Lau (Chan)
 Fitzroy Lee-Kim
 Harry Legge
 Marilyn Lewer
 Robert John Luff
 Lawrence Luxmore
 Anne MacDonald
 Marguerite MacDonald
 William (Bill) MacDonald
 Colin Mackie
 Carolyn MacPherson
 Frank Marstco
 Bob Martin
 Florence Mason
 Georgina Mateer
 Margarita Mathieu
 Ethel McFadyen
 Reginald R. McKennitt
 Donald L. McPherson
 Joseph T. Mercer
 Gustav Mickeler
 Dorothy M. Morrish
 Gordon Mott
 Nicole Mousseau
 Shanthakumari Murugiah
 Kathleen Norris

Why Vivian Chan Gave Back

Centenary staff member donates in memory of grandmother

In May 2008, Vivian Chan found herself in a situation unique to those who work in healthcare: her beloved grandmother passed away from pancreatic cancer in the hospital she's worked at for over 20 years. Hers is a story of integrity and optimism.

"Until she was admitted in April, my grandmother had lived independently," said Vivian. "I was worried that the hospital experience would make her very unhappy but, thanks to our wonderful staff, it turned out to be a pleasant and memorable experience."

The Rouge Valley Centenary emergency room was very busy the day that her grandmother was brought in. "When a nurse remarked that my grandmother reminded her of the famous yellow happy face symbol, she smiled and became relaxed."

Her grandmother was moved twice, and her family members were grateful that the nurses and physicians treated her in a professional and kind manner. She was comfortable, even playing Bingo for the first time in her life. The teams provided support and expert advice throughout her grandmother's stay, especially in her final hours.

"My grandmother had a very strong faith, and the Chaplain's visits lifted her spirits and gave her strength. She always showed a positive attitude for our whole family. She was ready, and that was inspirational."

To honour the life and positive attitude of her grandmother, to show her appreciation for supportive coworkers, and to give back to the hospital that has been an important part of her life, Vivian made a very generous In Memoriam gift of \$10,000.

"I support Rouge Valley. Loss is difficult, but it's comforting to know that I'm working in a caring environment surrounded by people who are skilled and thoughtful and kind. I hope this will encourage others to be as thankful for what we've been given and give back as we can."

Vivian's is a lasting gift in support of healthcare and a fitting tribute to honour her grandmother, Susan Chung-Hsiu Chen. This memorial gift will have a positive impact on patients at Rouge Valley Health System now and for generations to come.



Vivian Chan holding a photo of her grandmother Susan Chung-Hsiu Chen.

"Loss is difficult, but it's comforting to know that I'm working in a caring environment surrounded by people who are skilled and thoughtful and kind. I hope this will encourage others to be as thankful for what we've been given and give back as we can."

integrity

**In memory of
(continued)**

John Andrew O'Connor	Shirley Reardon	Celine Sliwowicz
Evelyn O'Neill	Betty Richards	Zita Stocco
Esther Odumabo	Muriel Robinson	George Szebek
Ethel Oliver	James Rodd	Robert Tompkins
Ronald Parish	Margaret E. Rollings	Mrs. Totten Sr.
Frederick Parrott	Kathleen Sadler	Olga Triffo
Wayne Peon	Robert Salkeld	James Twiner
James Pereira	Chris Sheridan	Mrs. Walters
Harry Pezzack	Marjorie Sherman	Milly Wheler
Elyce Megan Forshaw	Jim Shields	Tsutomu Yamashita
Prowse	Kevin Shore	Joyce Young
Theresa Quinn	Mervyn B. Silgado	
Patrick A. Ray	Jean E. Simpson	

Donors are children.



PRYDE Learning Centre daycare in Ajax made Rouge Valley their charity of choice during the Week of the Child in October 2008; the children baked and sold muffins, raising \$215.

Thank you to our donors

The Rouge Valley Health System Foundation is grateful to the following individuals, corporations, community groups and foundations for their generous support during the past year:

\$100,000–\$499,999

Auxiliary to Rouge Valley
Ajax and Pickering
Health Centre

\$50,000–\$99,999

Town of Ajax
Volunteer Services,
Rouge Valley
Centenary

\$25,000–\$49,999

TACC Construction Ltd.

\$10,000–\$24,999

Canadian Cardiac
Rehabilitation
Foundation
Vivian Chan *
Mitchell Goldhar
Guild Electric Limited
Bharat & Filomena
Hansraj
Higgins and Burke
Coffee & Tea
The Rockport Group
Royal Canadian Legion
Branch #13
Saturn Saab of Pickering
Smart Centres
TD Bank Financial Group

\$5,000–\$9,999

Abraham Bleeman
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Grading Ltd.
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Dr. Saleem Kassam
Ursula Lindow

Vincent & Helene
Lobraico
Mason Windows Limited
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Dr. Naresh Mohan
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Dr. Ashok Mukherjee
Ontario Power
Generation Charity
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Don Patel
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Dr. Romas V. Stas *
The Ward Family
Wardrop Engineering Inc.
Xerox Canada Ltd.

\$2,500–\$4,999

The Aldgate Group
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Giancola Aluminum
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Grayco Air
Hospira Health Care
IBM Employees'
Charitable Fund
Melody Homes

***Family Circle Monthly Donors**

It's a girl!

Centennial College gifts first child born at newly-opened Birthing and Newborn Centre with free tuition

After 22 hours of labour, the birth of their first child, a 6lb. 3oz. baby girl, is a wonderful moment for mother Rajeeni Sivakanthan and father Sivakanthan Kandiah. The arrival of little Pranavi Sivakanthan on December 11, 2008, is also an historic one for the Rouge Valley Health System (RVHS). She is the first baby to be born at the new Birthing and Newborn Centre, located at the Rouge Valley Centenary hospital campus in east Toronto.

"We both feel very happy. Our doctor and nurses were excellent, and we had great service," said Mr. Kandiah, through the translation of Neonatal Intensive Care Unit

(NICU) nurse Kanthi Kamalachandran. Their daughter was delivered by obstetrician-gynecologist Dr. Sivasambo Kalaichandran.

"It's wonderful to see that after many years of fundraising, planning and building, this Birthing and Newborn Centre is finally a reality with the first baby arriving today," says Rik Ganderton, RVHS president and chief executive officer.

In honour of this historic first, Centennial College has announced that when little Pranavi comes of age, she will be eligible to attend a program of study at the college, tuition-free.

"Rouge Valley has given this little one the best start in life, and in keeping with our vision of transforming lives and communities through learning, we want to be sure that she has a brilliant future as a lifelong learner," says Ann Buller, president of Centennial College. "We're excited to be part of this fabulous healthcare resource serving the Scarborough community as we do."

Baby Pranavi Sivakanthan with her mother Rajeeni Sivakathan, father Sivakathan Kandiah and Renee Kenny, Dean of the School of Community Health Studies at Centennial College.

"It's wonderful to see that after many years of fundraising, planning and building, this Birthing and Newborn Centre is finally a reality with the first baby arriving today."



Thank you to our donors

The Rouge Valley Health System Foundation is grateful to the following individuals, corporations, community groups and foundations for their generous support during the past year:

\$2,500–\$4,999 (continued)

Mental Health Council for Scarborough	Margaret Birch	Fidelity Investments Canada Limited
Pickering Town Centre	James & Marti Boyko	Edward & June Fleury
RioCan REIT	Kathleen Bradshaw	G4S Security Systems Ltd.
Darrell Sewell	Tony & Margaret Brathwaite	Rik Ganderton
Stantec Consulting Limited	Richard H. Bryson	Erna Goedde
Barbara Stevens *	Dr. Constantine & Natalie Bubela *	Dr. Ilhami & Dafne Gokcen
Superior Boiler Works & Welding Ltd	Bulova Watch Company Limited	Julie Goldstein *
TD Bank / Canada Trust Employees' Charitable Donations Fund	Mary Leah Carter *	Brian Greenslade
The Brick	Wayne & Sandra Cassidy	Chad & Susan Hanna
Tramore Group	Dr. Karen D. Chang *	Janet Harris
Trinity Development Group Inc	Charles G. Turner & Associates Ltd.	Sue Harrison *
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	Dr. Caroline C. Huh	M.T.C.C. Scarborough Condominium 1038/1039
	Paula K. Hurley	Dr. Joanne Ma
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		Scarborough Lexus Toyota
		Cindy Schroer
		Paulette Senior
		Barbara Shaw
		The Simple Alternative Funeral Centre
		Siris Solutions
		Paula A. Sisson
		Darren Smith
		D. Snobelen
		Carson Stratton

\$1,000–\$2,499

1269655 Ontario
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Accettone Funeral
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Verna M. Ainsworth
Dr. John S. Anthony
Kevin Ashe
B.J.W. Power Plant

Donors are community leaders.



Former Ontario Minister of Children and Youth Services and Scarborough East MPP Mary Anne Chambers with husband Chris in front of the LDRP they donated in the new Birthing and Newborn Centre.

Local leader helps fund purchase of medical equipment

12 new Vital Signs Monitors are a welcome addition to the hospital right in your backyard

Since its inception three years ago, the Mayor's Gala has become Pickering and area's signature black-tie fundraising affair. The third annual City of Pickering Mayor's Gala, held in November 2007, raised money for local charities, including Rouge Valley Ajax and Pickering (RVAP) hospital campus. "As mayor of this wonderful city, improving the quality of life in our community is one of my highest priorities," said Mayor Dave Ryan in his 2007 Rock 'n Roll with a Touch of Class Gala message.

On August 21, 2008, the Mayor, the Gala Chair and event sponsors came to RVAP to hand deliver fully-decorated and desperately needed

equipment purchased with a portion of the 2007 Gala proceeds. Celebrating the donation of 10 Vital Signs Monitors to RVAP were Pickering Mayor Dave Ryan; Diana Hills-Milligan, Veridian sponsor and Mayor's Gala Chair; Pat McNeil, OPG sponsor and Board member; Brad Cooper, Miller Group sponsor; Kathy Boyle, Scotiabank lead sponsor; along with grateful Rouge Valley Health System nurses including Judy Black, SDCU; Sharon Beesley, Fracture Clinic; Joan Green, 4 East; Janis Poirier, Labour & Delivery Head Nurse; and Candice Stuckless, RN, Maternal and Newborn Services. This donation follows two units already delivered on Valentine's Day.

The machines will be used to monitor patients' heart rates, blood pressure and oxygen saturation. This state-of-the-art equipment replaces older machines—many of which could no longer be serviced—and manual units that are time-consuming to use. As a result, this generous donation will provide healthcare workers with faster, more accurate vital signs results for you and your loved ones.

Local leaders and business people hand delivered 10 new vital signs monitors to grateful staff.

"As mayor of the wonderful City of Pickering, improving the quality of life in our community is one of my highest priorities."



Leadership

Thank you to our donors

The Rouge Valley Health System Foundation is grateful to the following individuals, corporations, community groups and foundations for their generous support during the past year:

\$1,000–\$2,499 (continued)

Sundial Homes Limited	Dr. Murtala & Maryam	Wing To Chan
TAGG Industries	Abdurrahman	Seir F. Cheung
Marilyn S. Temple	June L. Abel	Dr. Anthony J. Chinner
The Capital Hill Group	Lucilla M. Adams	Michael E. Claener
Ottawa Inc	Mustafa Akcoglu	Shane & Marie Coburn *
The Peter Munk	Doreen Alexander	Casey Coley
Charitable Foundation	Greg & Judy Anderson	Shirley Colley-Scheuer
Upper Canada Glass	Manuel & Ruby	Joseph C. Cowdrey
William J. Vella	Armoogam	Margot Da Costa *
Versatech Mechanical	Associated Tube	Elisa E. De Yiu *
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Weinberg & Gaspirc	John P. Bigham	Dr. Scott Donaghue
Chartered Accountants	John Black	Brent Duguid
Leonard Wells	Marson Bovell	Colin F. Elkin *
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Whitby Hydro Energy	Albert Brooks-Dowsett	Anne Ellis-Taylor
Services Corporation	BW Underwriting	Edward Endersby
Rudi & Grace Wicht	Services Inc	Sheri Ferkl *
Hanson Goe & Vivian	Canadian Tamil	Robin Fillingham
Wong Goe *	Congress Ontario	Dennis Flaherty
On Wong	Cardinal Leger Catholic	Fleury, Comery -
Dan Wray	School	Barristers & Solicitors
	James & Beatrice	Jack & Joyce Foley *
	Carleton	Wilfred J. Foster
	Century 21 Percy Fulton	Free Voice Media
	Ltd.	Louis Furtado *

\$500–\$999

A.T. Contracting Corporation

Donors are community members.



Maureen Farmer tying the ribbon for the opening of the Rouge Valley Ajax and Pickering Birthing Unit renovations in September 2008.

Rita Galinauskas *	Martin Green *
Joan Gawtrey	George Greig *
Francis George	Robert Groleau
Dr. Kyra Gerber & Sarah	Jo-anne Haire *
Morrison-McLeod	Madeline Harrop *
Gilbert Steel Limited	Harwood Craft Club
Bruce Goff	Jim & Joanne Hiller
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 Douglas G. Maunder *
 William J. McBurney
 George E. McCowan

Accountable by example

Foundation board member puts his money where his heart is

Bharat Hansraj joined the Rouge Valley Health System Foundation board of directors in June 2008, and he's already leading by example. "I want to bring value to the organization, to participate actively. The board is not just a figurehead."

Bharat and his wife Filomena made a \$50,000 gift to our Labour of Love Campaign, designated to one of the Labour, Delivery, Recovery, and Post-partum (LDRP) rooms in Rouge Valley Centenary's new Birthing and Newborn Centre. Each LDRP room's high-tech medical equipment, such as monitors and baby warmers, is contained in the cupboards and other furniture. In the private washroom a whirlpool tub is available as an alternative form of pain management. The chair converts, to allow the father or support person to stay comfortably in the room overnight.

Bharat wasn't born at Centenary, but he grew up nearby. Bharat and Filomena's three children

—6, 5 and 8 months—were born at Markham-Stouffville, and their positive experience convinced them that an advanced, state-of-the-art birthing facility in his old neighbourhood was the right place to put their money. "Scarborough represents a big part of my life. We hope that the families will have as great an experience as we did. The Centre will go a long way to helping the community."

In choosing where to direct their gift within the Centre, the LDRP room was an easy decision. "The room will offer so much value to that mother, at that time. It's all about keeping the family together."

It's obvious how important family is to Bharat and Filomena. "We wanted to have our entire family be a part of it, to instil in our kids that we can all make an impact." Last Christmas, their sons donated a Play Station, games and teddy bears to Rouge Valley Centenary's Paediatric Unit. "Kids don't realize what giving is until they have a sibling. Sharing is the foundation for giving."

Bharat came to Canada when he was four years old and values his upbringing in Scarborough. "The residents around Centenary are creating a life here, like my own family did," he says. "I am really happy to be part of Rouge Valley's family."

Bharat and Filomena next to state-of-the-art medical equipment in the Labour, Delivery, Recovery and Post-partum room they gifted in the new Birthing and Newborn Centre.

"I want to bring value to the organization, to participate actively. The board is not just a figurehead."



accountability

Thank you to our donors

The Rouge Valley Health System Foundation is grateful to the following individuals, corporations, community groups and foundations for their generous support during the past year:

\$500-\$999 (continued)

Robert McCowan	Douglas G. Roberts	Arunugam Thayaparan
Paul McCue	Donald & Valerie Ross *	Douglas & Elizabeth Thomson
Joan McEwen	Alexander Rundle	Eric Tipping
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Donors are patients.



Patient Sam Cretto in one of six wheelchairs he donated to the Rouge Valley Ajax and Pickering Emergency Department.

Dr. Jordan Appel	Santosh & Pyara Lal Bhaskar *	Lorne S. Brown
David G. Appleton	Canadasundaram	Urah Bryan & Sharon Williams
Guil Arbour	Bhuvanakanthan *	Claude Buckner & Janice Young
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Dr. Beaulieu & Family	Kathy Brown *	

Easing patient stays

Donated clinical care recliners making a difference in patient care

For many patients, the loss of self-sufficiency can be devastating, especially when they're already worried about their illness or injury. Thanks to the generosity of Frank and Ethel Fernandez, the medicine and surgical recovery floors at Rouge Valley Ajax and Pickering have two new clinical care recliners. These recliners with foot rests are more comfortable for our elderly patients, and they can be pushed around allowing the patient to join other patients or family members throughout the ward.

"Imagine two months of looking at the same wall. Two months of never putting on your own clothes. Then imagine getting out of that bed, and how you'd feel looking outdoors for the first time in months and seeing the full impact of brilliant fall colours gracing the trees," says

Intensive Care Unit nurse Karin Martens-Wasylyk. "When this happened for a patient of mine recently, it was the first time in her long stay that I'd ever seen her smile. It was a clinical care recliner that allowed her the mobility to enjoy a simple pleasure that many of us take for granted. Basic equipment like the clinical care recliner can make a huge impact on a patient's outlook and well-being by helping to restore their dignity and bolster sagging hopes."

The proper equipment can sometimes make the critical difference in a patient's recovery, and it doesn't always have to be expensive or high-tech. This is one example of the many ways that donors are helping us enhance care in our community.



Frank (in the new chair) and Ethel Fernandez surrounded by grateful Rouge Valley medical staff.

"Basic equipment like the clinical care recliner can make a huge impact on a patient's outlook and well-being by helping to restore their dignity and bolster sagging hopes."

caring

Thank you to our donors

The Rouge Valley Health System Foundation is grateful to the following individuals, corporations, community groups and foundations for their generous support during the past year:

\$250–\$499 (continued)

Canadian Orthopaedic Foundation	Check-Point Mechanical Systems Ltd.	Jose & Maria Constantino
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Capital International	Clearview Strategic Partners Inc.	Ayoob & Farida Dadabhoy
Brenda Carter	Joseph Comper	Shirley Daigle *
Louis & Muriel Casey		Dr. Dudley E. Davies

Donors are service clubs.



In October 2008, representatives from the Rotary Clubs of Ajax and Pickering presented a cheque for \$6,682.10, to be used to support Cancer Screening at RVAP.

Florence M. Day	Ian J. Gerard *	Independent Order of
Marianne Delicieux	A.B. Gerrard	Odd Fellows
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	Canada Foundation	Kumaraswamy
	Salome S Ignacio *	Vijayakvmar Kunkkal
	Ifeoma Iloabachie *	Christina Lachapelle

Gift honours pledge commitment

Town of Ajax supports reduced wait times at RVAP

As the number of patients undergoing surgery has increased, the requirement for reduced wait times is greater.

Rouge Valley Ajax and Pickering hospital campus has received an Automated Endoscope Reprocessor—commonly referred to as a Scope Washer—as a gift from the Town of Ajax. On October 23, 2008, we celebrated the gift, the first piece of equipment purchased with the Town's four-year, \$250,000 pledge to support the Surgery Department.

This state-of-the-art Scope Washer features two fully-independent and asynchronous

reprocessing basins for high-volume, quick endoscope turnaround, enabling improved volume of surgical patients that the department can see. It also ensures infection control for patient safety.

Tracy Paterson, Vice President Community Development of the Rouge Valley Health System Foundation, says the \$250,000 gift from the Town of Ajax recognizes the importance of investing in innovative healthcare in the community. "We thank the Town of Ajax for this extremely generous gift, which will go a long way towards addressing surgical volumes in this rapidly growing community," Paterson says.

"The Town has been one of our biggest supporters for many years. We are grateful for this level of support, and we know that the residents of Ajax and the rest of west Durham will be the real beneficiaries of their generosity."

The Town's continued support of Rouge Valley Ajax and Pickering will help ensure that every operating room is being used to its maximum potential to care for our growing community.

Town of Ajax Councillors Pat Brown, Renrick Ashby, and Joanne Dies with RVHS President Rik Ganderton at the celebration.

"This extremely generous gift will go a long way towards addressing surgical volumes in this rapidly growing community."



commitment

Thank you to our donors

The Rouge Valley Health System Foundation is grateful to the following individuals, corporations, community groups and foundations for their generous support during the past year:

\$250–\$499 (continued)

Mary E. Larson *	Frank Morgan	James Pye
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Dr. Rosemary Moodie- Wong	Helen Proctor	Frank & Shannon Sarlo
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		Satkunasingam

Donors are local businesses.



Seventy-five per cent of the money raised through the Tree of Life campaign, held each fall by participating Shoppers Drug Marts, supports Rouge Valley.

Wesley Savage	William Sheahan
Elizabeth Schaefer	Carole Sherkin
Marjorie Searles *	Dale & Janet Shore
Dr. Manivannan Selvananthan	Kewal Singh *
Pararajasingam Selvanayagam	Rajkumar Singh *
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On the road to recovery

Cardiac patients benefit from Metabolic Stress Testing System

One day after shovelling snow, 73-year-old William Martin felt a sharp pain in his chest and was short of breath. Something wasn't right, but doctors couldn't find the problem. Finally, ten days and an angiogram later, Mr. Martin had triple bypass heart surgery.

Nearly a year after his surgery, Mr. Martin is close to completing his Cardiac Rehab Program at Rouge Valley Centenary hospital campus. Here, he works with Exercise Therapists who help him on his road to recovery. The Metabolic Stress Testing machine, used by Mr. Martin at the beginning and end of his exercise program, has helped Exercise Therapists to do just that.

"This machine helps us to determine the right dose of exercise that our patients need," explains Exercise Therapist Jimmy Ostoya.

While pedaling on a stationary bike, the patient breathes into a mouthpiece, and the machine collects the air. The machine analyzes the patient's oxygen and carbon dioxide levels, and determines how the patient's heart, lungs and muscles respond to exercise. This helps Exercise Therapists to create a customized exercise routine that, combined with diet and medication, can help patients like Mr. Martin recover.

The machine was purchased with funds raised during the Cardiac Care Program's "Walk with Heart" walkathons. Participants in the annual walkathons include staff, patients, and their families, and takes place on the 11th floor Cardiac Rehab indoor track. The department raised close to \$50,000 towards the purchase of this machine.

A year after his surgery, Mr. Martin is making great progress. "I feel great, and I'm very pleased with the treatment I've had," he says.

William Martin gets hooked up to our Cardiac Care Program's new metabolic stress testing system by exercise therapist Jimmy Ostoya.

"This machine helps us to determine the right dose of exercise that our patients need."



innovation

Thank you to our donors

The Rouge Valley Health System Foundation is grateful to the following individuals, corporations, community groups and foundations for their generous support during the past year:

\$250–\$499 (continued)

Edna M. Ward	Edgar D. Wilson *	Louis Wright
Yu-Chen Wei *	Eleanor Wilson	Chang-Lieh Yang
Lt. Col. Thomas R. Wheler	Wanda Wiseman *	Havelock & Barbara
Whitby Lioness Club	Agnes Wong	Yates
Terry Wilkins	Kam-Sim Wong	Janice Yorke *

Sponsor Gifts

Rouge Valley Health System Foundation thanks these sponsors for their support of our special events during the past year:

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Donors are you.

Your commitment to donate your money, time and resources has changed the way our doctors and nurses care for their patients at Rouge Valley Health System.

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Rouge Valley Health System Foundation thanks each and every donor for their gifts. Due to space limitations, we recognize gifts of \$250 and more in this report.

***Family Circle Monthly Donors**

We extend a special thanks to our monthly donors who ensure that regular and dependable resources are available to support the priority needs of Rouge Valley.

Teeing up for a great cause

Mayors' Golf Classic supports RVAP growth and redevelopment

The Mayors' Charity Golf Classic is an annual tournament which raises funds to support Rouge Valley Ajax and Pickering (RVAP) hospital campus. At the September 9, 2008, tournament with perfect early-autumn weather, our many sponsors and golfers enabled us to raise \$225,000. Over the past 13 years, the tournament has raised almost \$2,000,000!

Proceeds from this year's tournament will support our RVAP Redevelopment project, which will expand many departments—including the Emergency Department,

Diagnostic Imaging and the Acute Care Unit—adding 140,000 square feet of new and renovated space.

Dr. Gary Mann, Interim Medical Site Lead of Emergency, spoke at the tournament's evening celebration about the urgent need for the Redevelopment project. "Our current Emergency Department was designed in 1964, to handle a capacity of 20,000 visits per year at a time when the volume was approximately 15,000 visits per year. In the 26 years since I started working here, I have seen the combined

communities of Ajax and Pickering grow from 63,000 in 1982 to 184,700 in 2008. This year, we are expected to exceed 52,000 visits within a department designed to see 20,000 visits per year."

The new Emergency Department, scheduled to open in 2009, will accommodate over 60,000 visits per year.

\$225,000 cheque presentation with John Wiersma, Chair, Rouge Valley Health System Foundation; Bill Collier, Vice Chair, Mayors' Charity Golf Classic; Jim Witty, Chair, Mayors' Charity Golf Classic; Dave Ryan, Mayor, City of Pickering; Roger Anderson, Chair, Region of Durham; Chad Hanna, President & CEO, Rouge Valley Health System Foundation.

"Our current Emergency Department was designed in 1964 to handle a capacity of 20,000 visits per year." The new Emergency Department, scheduled to open in 2009, will accommodate over 60,000 visits per year.



growth

Rouge Valley Centenary Volunteer Services

Rouge Valley Health System Foundation recognized and celebrated members of the Rouge Valley Centenary Volunteer Services who helped to make the Birthing and Newborn Centre located at Rouge Valley Centenary possible.



For over 40 years, Rouge Valley Centenary Volunteers have played key roles in providing care and comfort to our patients and their families and financial support for the hospital's capital and equipment needs.

Rouge Valley Centenary Volunteer Services' commitment of \$1 million towards the building and equipping of the Birthing and Newborn Centre makes the RVC Volunteers the largest donor to this state-of-the-art facility.

Countless hours of hard work from hundreds of Volunteers went into the fulfillment of this pledge. A grateful community honours the vision, dedication and selfless service of this exceptional group of individuals.

At the luncheon celebration, John Wiersma, Chair of the Foundation, helped unveil the plaque in honour of their amazing achievement. "Fundraising for this project began over five years ago, and many volunteer hours have gone into bringing us to this successful conclusion – a fine example of community spirit," he said.

On November 20, 2008, a special tribute for members of Volunteer Services was held, where we had the pleasure of unveiling a plaque in recognition of their remarkable gift of \$1,000,000 before over 100 Volunteers, staff and guests.

The plaque, located in the Centre's main hallway, reads:

In recognition of the members of Rouge Valley Centenary Volunteer Services who have helped to make this Birthing Centre possible through their generous contribution of time and talent.

Auxiliary to Rouge Valley Ajax and Pickering

It would be impossible to put a price tag on the contributions made by the nearly 300 adult and student Auxiliary volunteers to the daily life of Rouge Valley Ajax and Pickering hospital. At Rouge Valley Ajax and Pickering, Auxiliary volunteers give over 33,000 hours of their own time. In 2008, six Auxiliary members received an Ontario Volunteer Award, representing 120 years of volunteering.

The Auxiliary to Rouge Valley Ajax and Pickering Health Centre held a Christmas party on December 8, 2008, and delivered a cheque to the Foundation in the amount of \$100,000. The pledge payment will be directed to Women's Imaging, which includes mammograms. The funds were raised by the RVAP volunteers through their on-site lottery, and from the sales of items at both the hospital Gift Shop and their 4477 Shop.

The Auxiliary is a member of the Hospital Auxiliaries Association of Ontario (HAAO), a provincial association advocating community partnerships in the support of healthcare in Ontario through education, fundraising opportunities and the promotion of volunteer services to people.

On September 24, 2008, Beverly Carmichael, President of the Auxiliary, attended HAAO's Region 7 meeting along with her counterparts from Bowmanville, Cobourg, Haliburton, Lindsay, Minden, Oshawa, Port



Perry, Campbellford, Uxbridge, Northumberland Hills and Whitby. Region 7 meets twice a year to plan fundraising initiatives, to discuss educational events designed to support hospital volunteers in their various roles and to network with fellow volunteers. When asked what was on the agenda for the day's meeting, Region 7 President Cathie Thornton replied, "How to ensure that HAAO and its organizations survive in a day of dwindling volunteers."

The Auxiliary is a group of people whose commitment, passion and generosity is seen every day in every task that they perform.

Donation options to meet your needs

Enhancing care in our community is the mission of the Rouge Valley Health System Foundation, and it is a role we take very seriously. But it's not something we can do alone. It requires the support of generous donors who share our commitment to improving healthcare at Rouge Valley, today and into the future. The options for supporting Rouge Valley are as diverse as the community we serve. For more information on Ways to Give, visit our website at www.rougevalley.ca/rvhsf.

Memorial gifts

Memorial donations, which may be one-time gifts or annual contributions, are a wonderful way to honour family or friends, creating a legacy in their name that can have a tremendously positive impact on patients now and in the future.

Tribute gifts

Donations are often made as a tribute to someone special. In some cases, tribute gifts are made in lieu of presents at weddings, retirements, birthdays, anniversaries or other significant milestone occasions.

Planned gifts

Planned giving allows you to provide gifts through wills, life insurance policies, or a variety of other means. By integrating planned gifts into your overall financial, tax and estate plan, you can increase the benefits to both you and Rouge Valley. One key advantage of planned giving is that you can defer your gifts. These gifts provide a source of stable future funding, which ensures that Rouge Valley remains a strong and vibrant part of its community.

Endowments

Establishing an endowment fund in recognition of an individual or group is an excellent way to provide lasting

funding for Rouge Valley, while creating a permanent living legacy that will have a positive impact on healthcare in our community.

Fundraising Events (Third-party giving)

Fundraising can be fun, and it's a great way to support Rouge Valley. The Foundation is grateful to the following community organizations, service clubs, schools and local businesses for their generous support during the past year with events like bake sales, galas, garage sales, toy drives and golf tournaments:

- Asphalt Junkies Spring - Charity Event
- The Bargain Shop - Customer Appreciation Day
- Bayfair Daycare - Toy Drive
- Bharradhi Arts School of Music - Bandathon
- Bridlewood Shared Facilities - Charity Barbecue
- RVC Cardiac Rehab "Walk for Heart" - Walkathon
- City of Pickering Mayor's Gala
- Delta Bingo Hall - Toy Drive
- Follow The Sun Tanning Salon - Toy Drive
- Great Temptations - Dining for a Cause
- Hat Frenzy - Craft Night
- Knights Of Columbus #11098, Pickering Lancaster Ball
- M & M Meat Shops, Kingston Road - Charity Barbecue
- M & M Meat Shops, Whites Road - Charity Barbecue
- OK Transportation Limited - Golf Tournament
- P.R.Y.D.E. Learning Centres - Bake Sale
- Pickering Auxiliary Rescue Association - Toy Drive
- Pickering Professional Firefighters Association - Boot Drive
- Pickering Town Centre - Holiday Bear Campaign
- Pickering Village United Church - Golf Tournament
- Pineridge Memorial Gardens - Beautification Day
- Rotary Club of Ajax, District 7070 - Ribfest, Run the Lake

- Rotary Club of Pickering - Ribfest, Run the Lake
- Scarborough Fair Condominiums - Charity Barbecue
- Shoppers Drug Mart, Kingston Rd
- Shoppers Drug Mart, Ajax, Pickering & Scarborough - Tree of Life campaign
- St. Bernadette Catholic School - Car Wash
- St. Timothy's Presbyterian Church - Golf Tournament
- Straumann Canada Limited - Bike-a-thon
- Telus Charity Day - Meerkat Sales
- Wardrop Engineering Inc. - Golf Tournament
- Wayne & Sandra Cassidy - Golf Tournament
- Zahra's School of Middle Eastern Dance - Dance Recital

*Family Circle Monthly Giving Program

Supporting the Rouge Valley Health System has never been easier—or more important. Why not arrange to join our Family Circle by making an automatic monthly contribution? Payment can be by bank withdrawal or charged to your credit card. You will receive less direct mail and solicitation phone calls, and it gives the hospital a regular source of income. To sign up now, please call (416) 281-7459.

The Rouge Valley Health System Foundation respects your privacy. We do not rent, sell or trade our mailing lists. The information you provide will be used to deliver services and to keep you informed on the activities of the Foundation. If at any time you wish to be removed from our mailing lists, simply contact us.

Every effort is made to ensure the accuracy of these donor listings. If an error has been made, please accept our apologies and bring any corrections to the attention of the Foundation at (416) 281-7342 or (905) 683-2320 x1501.



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